## **Careers Interviews**

All Year 11 students will receive a career guidance interview during the academic year. If you would like an appointment in any other year group then please ask your tutor or Head of Key Stage to contact the careers advisor.

What can I expect in my careers guidance interview?

Your interview is a 30-45 minute meeting with a professionally qualified Careers Adviser to help you feel confident about the choices and decisions you are facing on your journey to finding a positive career.

What will be discussed?

Ensuring confidentiality, the adviser will help you to:

- · Identify your personal qualities and skills.
- · Explore your interests, likes and family influences, personal barriers and work experience.
- · Research ideas for study, training and employment.
- · Discover current and future job opportunities.
- · Understand job searches, writing a CV and going for interviews.
- · Develop your employability skills to be work ready.

What will you give me?

- · Accurate and up-to-date independent and impartial information.
- The opportunity to complete online careers quizzes and skills assessments.
- · Alternative sources of information and help, if required.
- · A personalised action plan.
- · Reflection, challenge, motivation and self-belief.

Where will we meet?

You will be collected from your lesson and teachers will be made aware of your appointment time. We will contact you where possible in advance of your meeting. We will meet in room 74 (Sixth Form).

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- · Alternative sources of information and help, if required.
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- · Reflection, challenge, motivation and self-belief.

How should I prepare?

Ask yourself the following:

- · Where am I now?
- · What ideas do I have?
- · What have I explored/researched?