

Intervention SUA 2022

At SUA we fully appreciate how important Year 11 is so we offer a range of intervention and support to students to prepare them for the year ahead. By providing this support we will ensure that students are exam ready and are supporting students' wellbeing in what is a potentially stressful period. We have therefore created a programme for raising both attainment and progress in Year 11, this includes;

- Understanding how to best to prepare for exams
- Being aware of the most recent Ofqual Examination updates and changes for Summer 2022
- Having a clear understanding of the intervention strategies we offer within SUA
- Having a clear understanding of the revision resources that will have the most impact in helping parents and carers to revise effectively

Exam Preparation

As part of this process SUA will be providing students with revision timetable templates so that they can ensure that they are fully prepared to perform in the exams. A solid revision timetable not only guarantees students cover everything they need to, in time for the exam; but it also breaks everything down into more manageable chunks. See below for a range of revision and timetable resources.

<https://www.bbc.co.uk/bitesize/articles/zn3497h>

<https://www.cgpbooks.co.uk/info/exams-or-demon-fighting/essential-revision-tips>

https://www.youtube.com/watch?v=WDKQxi0_Ogc

<https://www.youtube.com/watch?v=mNBmG24djoY>

During Year 11 we begin preparation for the final examinations (held in May and June) by practising in a series of Pre-Public Exams or 'Mocks' usually held in November, January and March. In order to best support your child through this important, we provide a range of intervention strategies. Your child's attendance for these assessments is essential, to enable us to provide an accurate assessment of your child's current grade and the necessary support required for them to meet their target. It is also important to note that all assessments will take place in controlled conditions in the hall and certified access arrangements will be arranged for those students that this applies to. Please ensure that students are fully equipped for each examination and attend each day.

GCSE Adaptations 2022

The Government have already confirmed a number of GCSE adaptations. These include:

1. Choice of topics in GCSE English literature, history, and choice of content in GCSE geography (optionality)
2. Provision of advance information on the focus of the content of exams to be used as revision guidance in all subjects without optionality
3. Changes to the requirements for the delivery of practical activities in science subjects, and assessment in art and design
4. Provision of support materials in GCSE mathematics, physics, and combined science exams
5. Advance information will be published by exam boards to provide students with revision guidance. This will enable teachers to plan to adapt their teaching after the half term.
6. The Department for Education's policy is that Teacher Assessed Grades will be used in the event exams are unable to proceed as planned, either because the extent of further disruption means that they would not be fair even with the adaptations planned, or because public health advice is that it would not be safe for all students to gather to sit exams.

Period 6 Intervention

To support Year 11 students in closing the gaps in knowledge and to develop the exam skills needed to increase their grades SUA is providing period 6 lessons from Tuesday to Friday of the week. These lessons have been planned by staff to specifically close the gaps in learning that the mock exams have shown for each individual student. Attendance at these sessions is compulsory. Please see the attached lesson for further details of these sessions.

Twilight/Holiday Intervention sessions

These sessions are optional and are designed to extend students knowledge and understanding of key knowledge but also exam technique. Staff will contact specific students who they feel would benefit the most from these sessions but they are open to all students who have the mindset to make the most of every opportunity SUA can offer. A timetable of these sessions is shared with students after the February half term.

Exam Breakfasts

Being exam ready starts many months before the actual exam and extends right up until students go into the exam hall. To support students right up to this point we offer exam breakfasts. In these subject specific staff will offer very concise exam specific information to

ensure students are exam ready. We also offer food and drink during these sessions because we fully appreciate the importance of how students diet affects their exam performance.

Revision resources

GCSEPod

All students have a log-in for GCSEPod and many subject areas set assignments as part of their revision schedule.

However, students are not limited to what is set for them by their teachers; they can access all the videos and revision materials on the site. They can choose their own revision and work on areas they have identified as being less secure in their understanding. Please use the following documents to help access this resource and learn how to use it effectively.

<https://www.gcsepod.com/>

BBC Bitesize

Use BBC Bitesize to help with your revision and learning. This free website offers a range of videos, step-by-step guides, activities and quizzes by subject.

<https://www.bbc.co.uk/bitesize/levels/z98jmp3>

Seneca Learning

Seneca gives 6 million students access to a world-class education for free! Seneca's online platform can be thought of as an effective & engaging interactive learning and revision guide that can be used for free forever! Summaries, notes, videos and lots of different types of practice questions are all found on the Seneca platform. The system is also completely adaptive so students can tailor learning to suit their individual needs. Students using Seneca score 2x more marks than those using a revision guide after 1 month.

<https://senecalearning.com/en-GB/>

<https://www.youtube.com/watch?v=UJgSZ3FHygE&t=6s>

Student's mental health and being exam ready

It is normal to feel a bit worried about exams, especially if you're under pressure from academy or family. Exam stress can cause you to feel anxious or depressed, and this might affect your sleeping or eating habits.

If you recognise any of these feelings, or are worried that exam pressure is taking over your life, you are not alone, and there are things you can do:

- Let your trusted friends and family know if you are struggling, so they can be there to support you, encourage you and offer a listening ear. You don't have to go through this alone. Keeping it all in will only make things worse in the long run, so don't be afraid to open up.
- Ask for help. Think about all the practical support you need, and be honest with yourself about it. You are allowed to ask for help. Talk through your concerns with your teacher/tutor who can let you know what support your academy, college or university can offer you. They will have spoken to lots of students before who are going through similar things, and they are likely to know about helpful resources or services available to you.
- Try finding a study group, or start your own. Working through problems with other students can be a nice way to keep your social life going and boost your morale.
- Be kind to yourself. Think about all the things you have achieved so far. It can be helpful to write a list of all the things you like about yourself, and the things other people value about you too.

We want to support you as much as possible during this stressful period, and know a number of services that you can access if you are feeling overwhelmed. Please take a look at the links below:

<https://www.nhs.uk/mental-health/children-and-young-adults/help-for-teenagers-young-adults-and-students/tips-on-preparing-for-exams/>

<https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>

<https://www.mentallyhealthyacademys.org.uk/risks-and-protective-factors/academy-based-risk-factors/academic-and-exam-stress/>

If you have any questions or need any additional support, please contact Mr A Washbourne (Assistant Principal) by emailing AWashbourne@suacademy.co.uk

Sarah's VIDEO/PPT add the link in