

Curriculum Map – Sport



KS4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	R185 Performance and Leadership in sports activities	R185 Performance and Leadership in sports activities	R185 Performance and Leadership in sports activities	R185 Performance and Leadership in sports activities	R185 Performance and Leadership in sports activities	R187 OAA

KS4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11	R187 OAA	R187 OAA	R184 Contemporary Issues in Sport	R184 Contemporary Issues in Sport	R184 Contemporary Issues in Sport	R184 Contemporary Issues in Sport

KS5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12	Unit 2 Sports coaching and activity leadership	Unit 2 Sports coaching and activity leadership	Unit 2 Sports coaching and activity leadership	Unit 8 Organisation of sports events	Unit 8 Organisation of sports events	Unit 18 Practical skills in sport and physical activities.

KS5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 13	Unit 18 Practical skills in sport and physical activities.	Unit 1 Body systems and the effects of physical activity.	Unit 1 Body systems and the effects of physical activity.	Unit 3 Sports organisation and development	Unit 3 Sports organisation and development	Unit 3 Sports organisation and development

Curriculum Overview – Sport



KS4

During years 10 and 11, students will study the OCR Cambridge National in Sports Studies which consists of three different components.

Component 1 involves students being assessed in both individual and team based sports which encourages students to be authentic and demonstrate their sporting talents. Following on from this students will devise, plan and deliver their own sports activity sessions which allows students to develop their leadership and communication skills.

In Component 2 students will develop their knowledge and participate in outdoor adventurous activities to then review their own practical performance.

Component 3 will consist of students developing their knowledge and understanding of contemporary issues in sport. They will discover, discuss and analyse the current issues within the sports industry.

Experiences

Students will have practical experiences of coaching workshops and applying this knowledge and understanding when planning and delivering their practical sessions.

Students will embark on physical experiences of Outdoor Adventurous Activities (OAA) by going on kayaking experience days, orienteering in Cannock Chase and visiting Go Ape. Students will be assessed practically which goes towards their final grade.

KS5

In years 12 and 13, students will study the OCR Cambridge Extended Technical Certificate in Sport and Physical Activity which is comprised of five different units.

There are two examination units which are Unit 1 – Body systems and the effects of physical activity and Unit 3 – Sports organisation and development. Unit 1 focuses on the anatomy and physiology of our bodies and the way specific body systems work to help us move and participate in physical activity. In Unit 3 learners will gain an understanding of the organisations involved in sport in the UK, their roles and responsibilities and how they work together.

The remaining three units are coursework based units. Unit 18 is based on practical performance where students will develop and refine their skills in one team and one individual sport. Unit 2 revolves around the principles of sports coaching where students will deliver a 6 week coaching plan to younger students. Finally, Unit 8 is centred around sports organisation where students will work together to create, plan, organise and deliver a sports event to younger students.

Links to CHARACTER

Careers – students will understand roles and jobs that are linked to contemporary issues in sport such as, a sports development officer and a sport advisor for the U.K Anti-Doping agency.

Citizenship – students will understand more about sport within their local community. They will understand about different user groups in society. Understanding the meaning of 'Sportsmanship', 'Gamesmanship' and 'Etiquette'.