

Year 9 Bulletin

Autumn term – 23/10/20



Thought of the week:

‘Anyone who has ever made anything of importance was disciplined...’

There are many important qualities that can contribute to a person’s achievements and happiness, but there is only one that leads to sustainable, long-term success in all aspects of life: self-discipline. We must be able to self-regulate our behaviour if we wish to be successful. This need for discipline is essential in so many areas of day to day life: education, leisure, exercise, treatment of others, religion and even diet.

Recent research showed that people with strong self-discipline have happier lives- *why do you think this is the case?* Despite what many may think, it is a learned behaviour. Can you try these proven methods to improve your own self-discipline:

Eat regularly and healthily. When you’re hungry, your ability to concentrate suffers as your brain is not functioning to its highest potential. Stay well-fuelled with healthy snacks!

Remove temptation! If you want to complete your homework to a high standard, work away from your phone or computer so you’re not tempted towards distraction.

Review your successes and move on from mistakes. Don’t beat yourself up if you ‘slip’ one day... strive to improve yourself and celebrate your successes!

Key information this week

I have been really impressed with how everyone in Year 9 stepped up to the plate regarding the English reading challenges over the past two weeks. Year 9 pupils have scored well over 3000 positive points for completing their challenges which is by far the most in the whole academy. I wish everyone in year 9 a restful half term, make sure you recharge the batteries and come back ready for another really productive autumn 2 term!

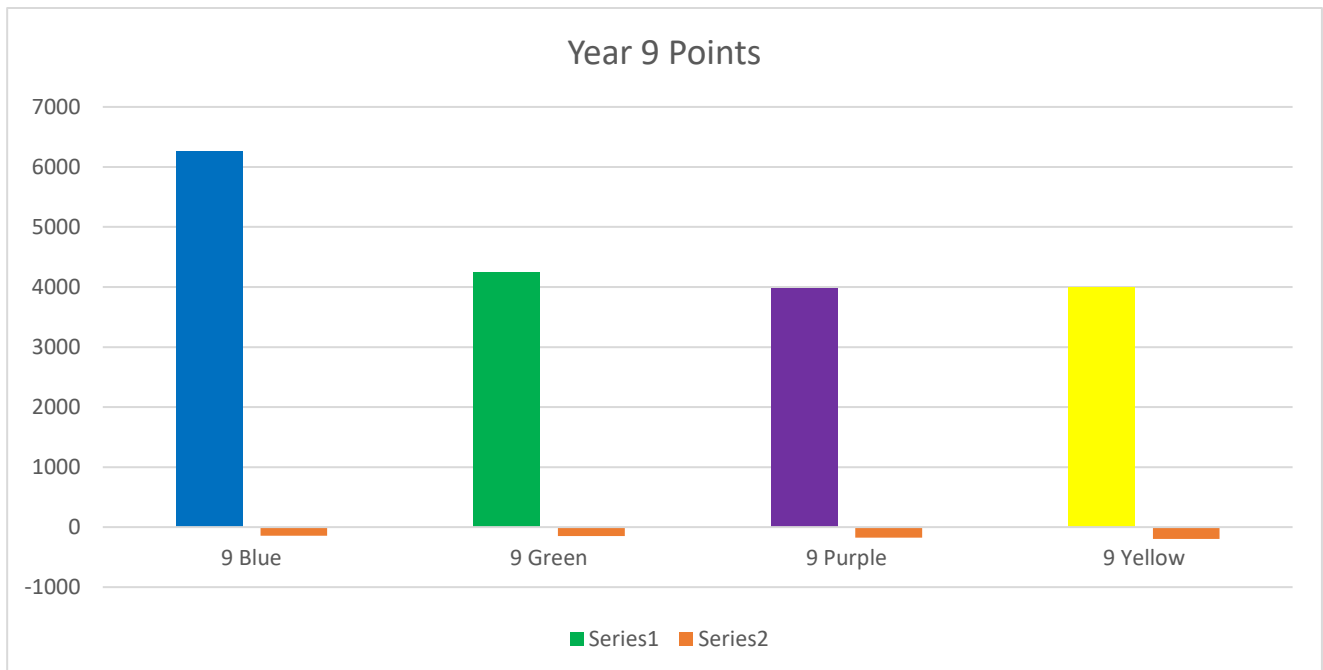


A Message from Ms Borland

Hello Year 9! As you are aware, I am your Leadership link and I am really proud to be a part of the Year 9 team. I spoke with you in assembly this week about our **vision** for Year 9: Mr Porter and I believe that Year 9 can be the happiest and most successful Year group in the academy. We are committed to celebrating your successes and keeping your achievements high-profile across SUA. Please share with us all of the wonderful things you are doing outside of school as well as inside. The rewards assembly this week was a real pleasure to deliver- there are a lot of hard-working and talented students in Year 9. Keep up the good work!

Rewards News

The form rewards competition continues to be really close. 9 Blue currently holds the top spot with 9 Green now taking hold of second. Well done to every pupil who has gone the extra mile this week and achieved points!



Our top 20 reward earners in Year 9 for this half-term are as follows:

Kia	Harvey	416
Jass	Bayliss	409
Alexander	McShane	390
Logan	Wood	388
Archie	Smith	386
Bradley	Whitford	374
Joshua	Jackson	371
Emma	Rollins	362
Hayden	Goacher	357
Alfie	Clayton	354
Leah	Swann	354
Charley-mae	Keyte	349
Jake	Fisher	348
Courtney	Bates	345
Casey	Bower	339
Callum	Holden	301
Eva	Bailey	295
Caitlan	Garbett	293
Keira	Melia	266
Lexiya	Heath	261

A huge well done to Kia Harvey who has risen up the board this week! Well done to all pupils in Year 9 for continuing to work hard in lessons and achieving your potential.

Head of Year Scholars of the half-term:

Scholar of the half-term

Josh Jackson



Jas Bayliss



As a reward, your tutor will provide you with 50 reward points and a postcard home.



Well done to Josh and Jas. These students have demonstrated consistently high standards of behaviour and effort in lessons. Keep it up!

Remember to keep up to date and follow the academy on social media. We will ensure that all students, parents, and families are informed of any decisions and procedures the academy takes regarding Covid-19.

Stay safe! Mr. Porter

Test your knowledge of 2020 and current affairs!

Can you answer these questions about the year so far?

- 1) What is the name of the Netflix documentary about Joe Exotic?
- 2) On which social media platform did Prince Harry and Meghan Markle announce they were stepping down as senior royals?
- 3) Who is Donald Trump standing against in the US presidential election?
- 4) Which film won Best Picture at the Oscars?
- 5) What date did the UK go into lockdown?
- 6) Which private company became the first to launch a rocket into space?
- 7) Who did Rishi Sunak replace as Chancellor of the Exchequer earlier this year?
- 8)) Which Reef has reportedly lost more than half of its corals since 1995 due to warmer seas driven by climate change, according to a study by marine scientists?
- 9) Olympic Gold medallist Nicola Adams has made Strictly Come Dancing history by becoming the first celebrity to perform in a same-sex pairing after being partnered with professional dancer Katya Jones, in what sport did she get her gold medal?
- 10) To where did the queen make her first official external public engagement since the coronavirus lockdown?

A final note...

The SUA library is being relaunched! Mr Stokes our Library co-ordinator would like your feedback on a new name for the library. Please click the link below (or via the email you should have received about it) and send us your feedback:



<https://forms.office.com/Pages/ResponsePage.aspx?id=qky26b9G3UKLteReSUL79AXTa3XB12hGriB1qE3IE1tUOERMRO8yOEJZVEE0WIJYSkU3MDIEOVpPNC4u>